

Kingdom of Saudi Arabia
Qassim University
Preparatory Year

Mid-term Exam of
Health Professions and Communication Skills
(MEDU 111)
Second Semester

For each of the following MCO, select the One-Best Answer:

1. Which of the following is considered non-traditional learning resources?
 - a. Handout.
 - b. Lectures notes.
 - c. Textbooks.
 - d. CD-ROMs.
 - e. Cadaveric.

2. Which of the following sections of library is suitable to search the newspapers and magazines?
 - a. Science
 - b. Commerce
 - c. Periodical
 - d. Arts
 - e. Library not divided in section

3. Which of the following best describes the electronic (digital) library?
 - a. Visitors can visit electronic library on computer
 - b. Visitors has to go to electronic library physically
 - c. E-library has all printed material
 - d. E-library can be accessed only in working hours
 - e. Audio materials cannot be stored in digital library

4. Computer-based learning has advantages over book-based learning. Which of the following represents these advantages?
 - a. Text-based
 - b. Not interactive.
 - c. Imaged-based.
 - d. No animation.
 - e. No diagrams.

5. Which of the following is the best source of information at the start of search?
- McGraw
 - Uptodate
 - PubMed**
 - E-journal
 - E-book
6. Search history is kept on the used computer up to which of the following?
- 2 hours
 - 8 hours**
 - 12 hours
 - 24 hours
 - 48 hours
7. To search for a group of words exactly as you type it, which of the following statement is used?
- Or
 - AND
 - Not
 - Phrase**
 - Truncation
8. Which of the following is an example of synchronous learning?
- Emails
 - Recorded e-seminars
 - Stored audio
 - Online lecture**
 - E-book
9. As regards to Pub Med database which of the following we can use for filtering our search?
- Limits**
 - MeSH
 - NCBI
 - Clinical queries
 - Advances.

10. Which of the following reference-tools is appropriate for clinician to know about the disease or drug at bed site?
- a. Yahoo
 - b. Gmail
 - c. DynaMed
 - d. Altavista
 - e. Amazon
11. All of the following are characteristics of adult learners, **EXCEPT** that they:
- a. Accept their responsibility for learning
 - b. Are more intrinsically motivated
 - c. Are motivated mainly by the thoughts of grades
 - d. Do not believe everything they hear from teachers
 - e. Use their previous experiences in trying to solve new problems
12. Kinaesthetic learners process and understand information best when they:
- a. Do practical work
 - b. Hear recorded lectures
 - c. Listen to lectures
 - d. Look at pictures and diagrams
 - e. Read textbooks
13. Which of the following is the most important difference between traditional teaching methods and the innovative methods is that the innovative methods?
- a. Are teacher –centered
 - b. Are student-centered
 - c. Make students become totally dependent on teachers
 - d. Make students become totally independent on their parents
 - e. Make students become dependent on the internet
14. Adults learn best when they:
- a. Accept whatever the teachers say
 - b. Are active participants in the learning process
 - c. Are given timely feedback
 - d. Try to get as much information as possible
 - e. Use one learning style only

15. Regarding “adults learn effectively when given a constructive feedback on their learning” as a health preparatory student, which of the following is considered an opportunity for feedback?
- Patients
 - Peers.
 - Instructors.**
 - Self-knowledge
 - Understanding.
16. Which of the following is the Learning definition?
- The simple acquisition of knowledge
 - The occurrence of change in learner behaviour**
 - The process of active learning and critical thinking
 - The teacher model in children’s learning
 - The philosophy of facilitated learning
17. Which of the following is a cognitive learning?
- Understand information**
 - Organize priorities
 - Perform the task
 - Give a presentation
 - Accept ethics rules
18. Which of the following best describes self-directed learner?
- Proactive learner**
 - Effective time manager
 - Emotional intelligent
 - Critically evaluator
 - Good experts
19. Which of the following is the starting point of adult learning?
- Previous experience**
 - Target goal
 - Active participation
 - Concept mapping
 - Self- assessment
20. Which of the following is the most effective motivation for adult learning?
- Money
 - Grades
 - Career
 - Exams
 - Interest**

21. Feedback is primarily important in adult learning to:
- Know they learn correctly**
 - Aid self- knowledge
 - Aid knowledge understanding
 - Improve the knowledge gaps
 - Strengthen the weak skills
 -
22. Experiential learning strategy is learning by which of the following?
- Doing**
 - Hearing
 - Watching videos
 - Reading books
 - Objectives
23. Speed reading is **MAINLY** affected by which of the following?
- Subject experience**
 - Physical environment
 - Time of reading
 - Place of reading
 - Reading materials
24. Which of the following is the main characteristic of active reading?
- Time line
 - Awareness**
 - Repeating
 - Remembering
 - Organizing
25. Which of the following is the character of a procrastinator?
- Fear of failing
 - Postponing unpleasant tasks**
 - Desire to help others
 - Can't able to say no
 - Feel no enough sleep
26. By schedule your activities you would become more:
- Dedicated
 - Focused,
 - Reliable
 - Risky
 - Relaxed**

27. To overcome the problem of CD-ROMs as a learning resource for a wide range of learning material, which of the following is considered the best practice?
- Putting material on an intranet site.
 - Putting material in the library.
 - Putting materials in handout.
 - Putting material in lecture notes.
 - Putting material on a personal laptop.
28. Which of the following is best describing learning principles?
- How learning take place.
 - Why learning take place.
 - When learning take place.
 - What learning processes.
 - What learning approaches.
29. According to eighth principle of adult learning, “learner will encounter a variety of teaching and learning strategies”. Which of the following criteria will be necessary for the learner?
- Reflective.
 - Inflexible.
 - Knowledgeable.
 - Intelligent.
 - Versatile
30. Regarding independent self-study, which of the following learning strategies can provide rich experiences?
- Brainstorming.
 - Case-based learning.
 - Collaborative learning.
 - Concept mapping.
 - Simulation.
31. It is preferred for medical students to be:
- Visual learners
 - Auditory learners
 - Tactile learners
 - Experiential learners
 - Versatile learners

32. Students need to motivate themselves to learn by which of the following?
- Understanding and evaluating their own learning style
 - Seeking feedback from instructors, peers and patients
 - Categorizing and organizing new information
 - Determining how learning will benefit them practically**
 - Associating what they learn to something they know
33. Which of the following best describes learning?
- Necessitates a change in behaviour**
 - Only affected by intelligence
 - A short term change in mental representation
 - A means to acquire knowledge
 - Does not depend on culture
34. Which of the following best describes a perfectionist?
- A person who perfects one task and leaves other tasks
 - A person who does all tasks and perfects just one.
 - A person who wants to perfect all tasks**
 - A person who does all tasks
 - A person who procrastinates all tasks
35. Which of the following should students do with unforeseen emergencies?
- Prepare an alternative plan**
 - Procrastinate some tasks
 - Prepare to-do a list
 - Determine their goals
 - Give up some goals
36. Goal setting is very important for effective time management. Which of the following is the benefit of keeping goal achievement on schedule?
- Relevance and urgency.
 - Feasibility and importance.
 - Familiarity and completing.
 - Motivation and satisfaction.**
 - Importance and urgency

37. Which of the following is considered good time management practice?
- a. Neglecting to have a plan B.
 - b. Excessive chatting with friends.
 - c. Relying on memory alone.
 - d. Letting distractions affecting tasks.
 - e. **Adjust priorities as necessary.**
38. Which of the following is considered a good practice of time management?
- a. Rely on memory alone
 - b. Excessive chatting
 - c. Procrastinating
 - d. **Adjust priorities**
 - e. Accumulate e-mails
39. Which of the following is considered barrier to time management?
- a. To do a list.
 - b. **To do Tasks.**
 - c. Not having a plan.
 - d. Accounting time stealers.
 - e. Scheduling activities.
40. Highly effective people are those who manage their time well. They do this by spending most of their time in which of the following?
- a. **Doing the important things before they become urgent**
 - b. Doing the important things when they become urgent
 - c. Helping their parents and friends
 - d. Trying to do everything perfectly
 - e. Searching websites

Good Luck